

# October Edition



"Why should you support smaller teams?"

"Which football clubs do DAIS Students support?"

"Best IPL Players this year!"

# Content

The Sports Writing Club is a new club of 11th grade students, initiated by Mr. Harry Martin. Sport has played a vital role in all our lives and we want to use this magazine as an opportunity to celebrate student achievements, voice unique perspectives, share dietary and fitness tips, conduct interviews with inspiring sportspeople, and encourage more students to pursue sports!

1. Fantasy Premier League XI
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# Why Should we Support the Smaller Teams?



Today, football talk has become dominated by glamorous stars and the most successful teams. This in turn has resulted in a trend for young football fans to support the most successful teams such as Real Madrid, Bayern Munich, and FC Barcelona.

While every fan wants to support a team that wins their matches week in week out, the question arises- what about the teams that are not as successful? Are they not worthy options to support?

Let's consider for example Leeds United, who finished 9th in the premier league last season well behind the bigger teams. Despite their squad lacking any big names such as Kevin De Bruyne and Bruno Fernandes, they were one of, if not the most, exciting teams to watch. They played an extremely dynamic and attacking game and produced all round performances wherein all their players contributed equally. While they may not have always emerged victorious, and sometimes were even handed severe beatings against the likes of teams such as Arsenal and Liverpool, they made sure they gave their absolute best effort on the field- something more valuable than a simple victory.

Another benefit of supporting a mid table team is the excitement and adrenaline of an upset victory. Each match they head into, especially against sides higher up on the table than them, they have nothing to lose which in turn enables them to play their game freely and enjoy every moment. This could be seen last season when Leeds shocked Guardiola's men in blue 2-1 and caused an uproar in the football community. A simple look at pictures and videos of mass celebrations taking place in the heart of the city Leeds, clearly shows the joy an upset an underdog can bring to its fan might even be more than a title can bring a favourite.

Finally I would just like to say that the beauty of sport is not in the wins and losses but in the excitement and loyalty of the fan base. My message to all the youngsters out there searching for a team would be- don't support a team simply because of the number of titles or superstars on their side, instead search for the team that you believe you feel a connection with and feel excited to watch- in this way you will automatically stick by them through the highs and the lows.

Written By: Paarth Ambani





# Paralympics Champions

This year, the Paralympics games were conducted in Tokyo from 24th August to 5th September.

India won a total of 19 medals- almost 5 times as many medals as they had won at the Paralympic games in 2016. There were 5 gold medalists, 8 silver medalists and 6 bronze medalists.



Here's a brief introduction to 3 of the gold medalists:

## 1. Avani Lakhera, Shooting

In 2012, when Avani was just 11 years old, her whole family met with an unfortunate car accident that left her paralyzed from the waist-down due to a spinal cord injury. She began shooting in 2015, when her father enrolled her in a shooting range in Jaipur to maintain her physical and mental health.



At the Paralympics, Avani won a gold in the 10 m air rifle, and a bronze in the 50 m air rifle, making her the first Indian woman to win a gold at the paralympics age, at the mere age of 19.

## 2. Sumit Antil, Athletics

Sumit grew up in Haryana, and wanted to be a wrestler growing up. However, he met with an accident in 2015 and his leg had to be amputated from below the knee, putting an unfortunate end to his wrestling career. Sumit was then introduced to para-sports and encouraged to take up javelin throw. Within 2 years of training, Sumit began winning medals at the international level and setting world records. At the Paralympics in Tokyo this year, he broke his own records by throwing the javelin a distance of 68.55m.



## 3. Krishna Nagar, Badminton

Krishna was diagnosed with dwarfism at the age of 2. He was mocked for his height throughout his childhood, which is what encouraged him to pursue sport. He was introduced to para-badminton in 2017 when he was in college and began winning medals at an international level within a year.

At the Tokyo Paralympics, Nagar beat Chu Man Kai of Hong Kong in the final game of the men's single category.



# F2 Driver - Jehan Daruvala

Jehan Daruvala (born 1 October 1998) is an Indian racing driver competing in the FIA Formula 2 Championship with Carlin Motorsport. He was a protégé of the Force India F1 team, after being one of three winners of a 'One in a Billion hunt' organized by the team in 2011. He is currently a member of the Red Bull Junior Team.



At the age of thirteen, Daruvala started karting under the guidance of Rayomand Banajee and started winning titles as champion and vice champion across Asia and Europe. In 2015, Daruvala stepped up to single-seaters with Fortec Motorsport in the Formula Renault 2.0 championships. He claimed fifth place in the Northern European Cup and partook as a guest driver in the Eurocup and Alps series.



The following year, Daruvala switched to reigning series champions Josef Kaufmann Racing and took his first pole position and win in the Northern European Cup to finish fourth overall.

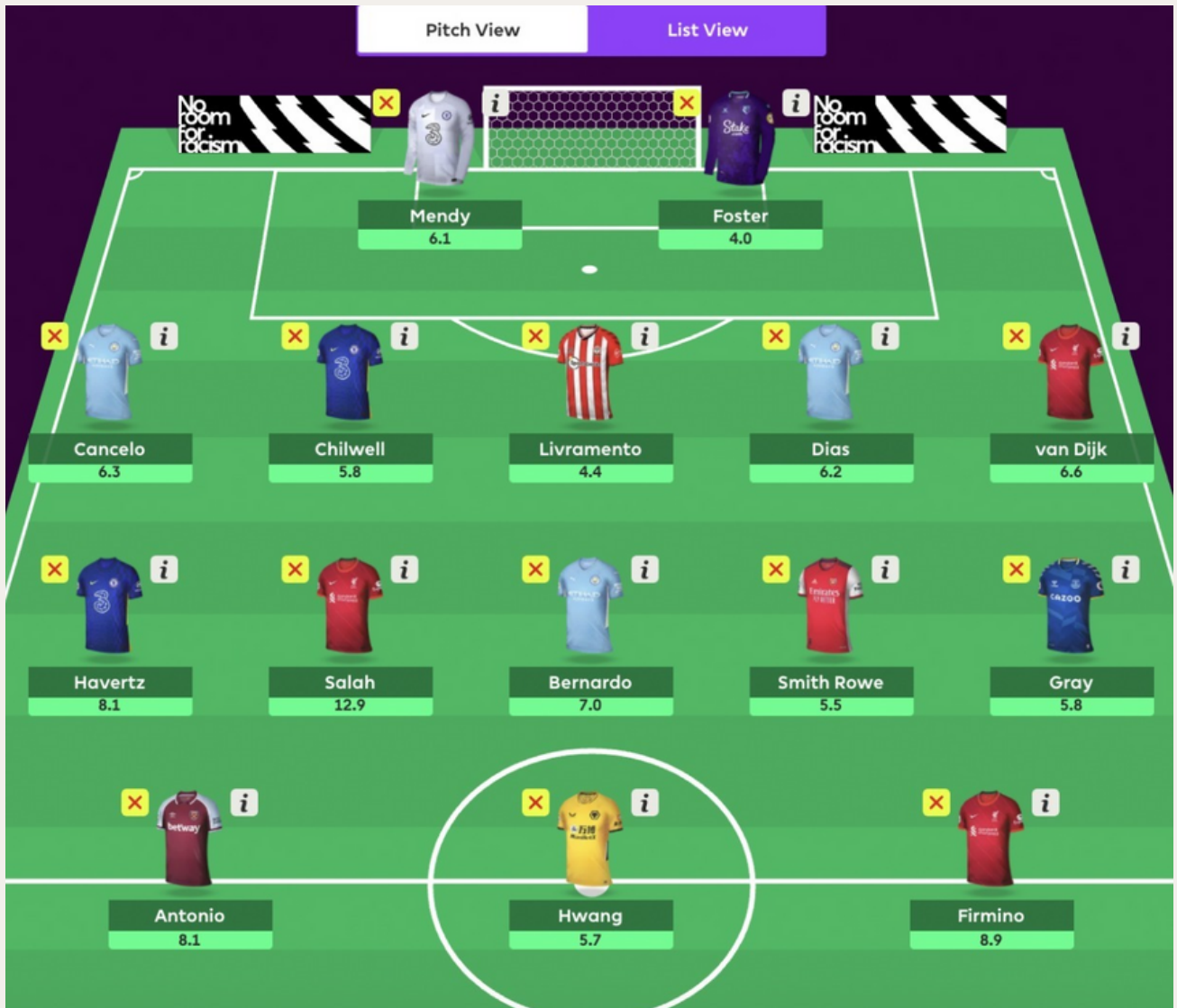
In 2019, Daruvala competed in the inaugural Formula 3 season for the Prema Powerteam.

In February 2020, Daruvala reunited with Carlin to contest the 2020 season alongside Red Bull Junior Team member Yuki Tsunoda and was also named as a new recruit to the Red Bull Junior Team. He ended the season with his first win in the Formula 2 Sprint Race at Sakhir, Bahrain. He is the only current Indian driver in Formula 2. He continues in the 2021 season with Carlin alongside Dan Ticktum and he has massively improved on his Tyre Management Skills and his race craft which has been very impressive in 2021.





# FPL Team



Edouard Mendy: Playing Southampton, Newcastle and Burnley in the next 3 games Mendy is a perfect fit

Ben Foster: The English International will be looking to help Claudio Ranieri's men with his sharp reflexes

Joao Cancelo: The mixture of his attacking mindset, defensive ability, Manchester City's recent form and their easy run of fixtures makes him a must have defender

Ben Chilwell: Having scored 4 in his last 4 matches, the left wing back is in the form of his life

Tino livramento: The young speedy wing back, having just scored in his last outing, has added new energy with his pace and provides attacking potential with his accurate crosses and shots in the box

Ruben Dias: The only defender immune to the pep roulette, Ruben Dias the strong centre back is an obvious choice to have in your team

Virgil Van Dijk: With a strong start to the season, the Liverpool captain is the perfect choice to complete your defense.

Kai Havertz: With both Lukaku and Werner out injured, and an easy set of fixtures ahead, the German will be looking to show his worth

Mohammed Salah: The Egyptian King has not only been the top scorer for the last 3 seasons but is currently in the form of his life. With a hatrick in his last match against Manchester United, the egyptian is a must have midfielder.

Bernado Silva: A set of easy upcoming fixtures and a cheap price makes Bernado Silva a great differential

Emile Smith Rowe: Coming off a brilliant performance in his last game with a goal and assist, the youngster is looking to help get his team back onto their winning ways.

Demarai Gray: With a good set of fixtures ahead, his cheap price and his attacking ability makes him a great differential

Michail Antonio: Moyes' go to man in front of goal, Antonio will be looking to use his robust power to trouble the Villa, liverpool and wolves Defense.

Hwang Hee Chan: His cheap price, easy set of fixtures and his amazing form makes him a must have in your FPL team

Roberto Firmino: In competition with Diego Jota, The Brazilian is eager to show his worth.

# Best Performers of IPL 2021

Played over eight months and in two different countries, the Indian Premier league season of 2021 was unlike any other. However, we were treated to some outstanding cricket nonetheless. Here are the seven best performers in IPL 2021:

7: Anrich Nortje

Even-though he only played in the latter half of the tournament, Anrich Nortje was still one of the best bowlers at IPL 2021. His twelve wickets in the final eight games propelled the Delhi Capitals to a respectable third place finish.

6: Glenn Maxwell

After years of disappointing seasons in the IPL, this year, Maxwell looked back to his best. Scoring 513 runs at a strike rate of 144, He played some magnificent innings to carry the Royal Challengers Bangalore to the play offs.

5: Sunil Narine

Surprisingly excluded from the West Indies world cup squad, Sunil Narine was undoubtedly one of the stand-out performers at IPL 2021. He drove Kolkata to an incredible turn around in the second half of the tournament, dragging them all the way to the finals with his all-round performances.

4: KL Rahul

Scoring the third highest runs in the tournament, KL Rahul had a magnificent season. Scoring 626 runs at a strike rate of 138.8, this certainly isn't the last time that he will be challenging for the IPL orange cap.

3: Harshal Patel

Far and above the best bowler at IPL 2021, Harshal Patel precured the purple cap with 32 wickets in the season. In fact, he equalled the record for the highest number of wickets taken by an individual in an IPL season, level with Dwayne Bravo.

2: Francois Du Plessis

Narrowly missing out on the orange cap to fellow opener Ruturaj Gaikwad, Du Plessis nevertheless showed why he is still considered one of the world's best with a match winning innings in the final.

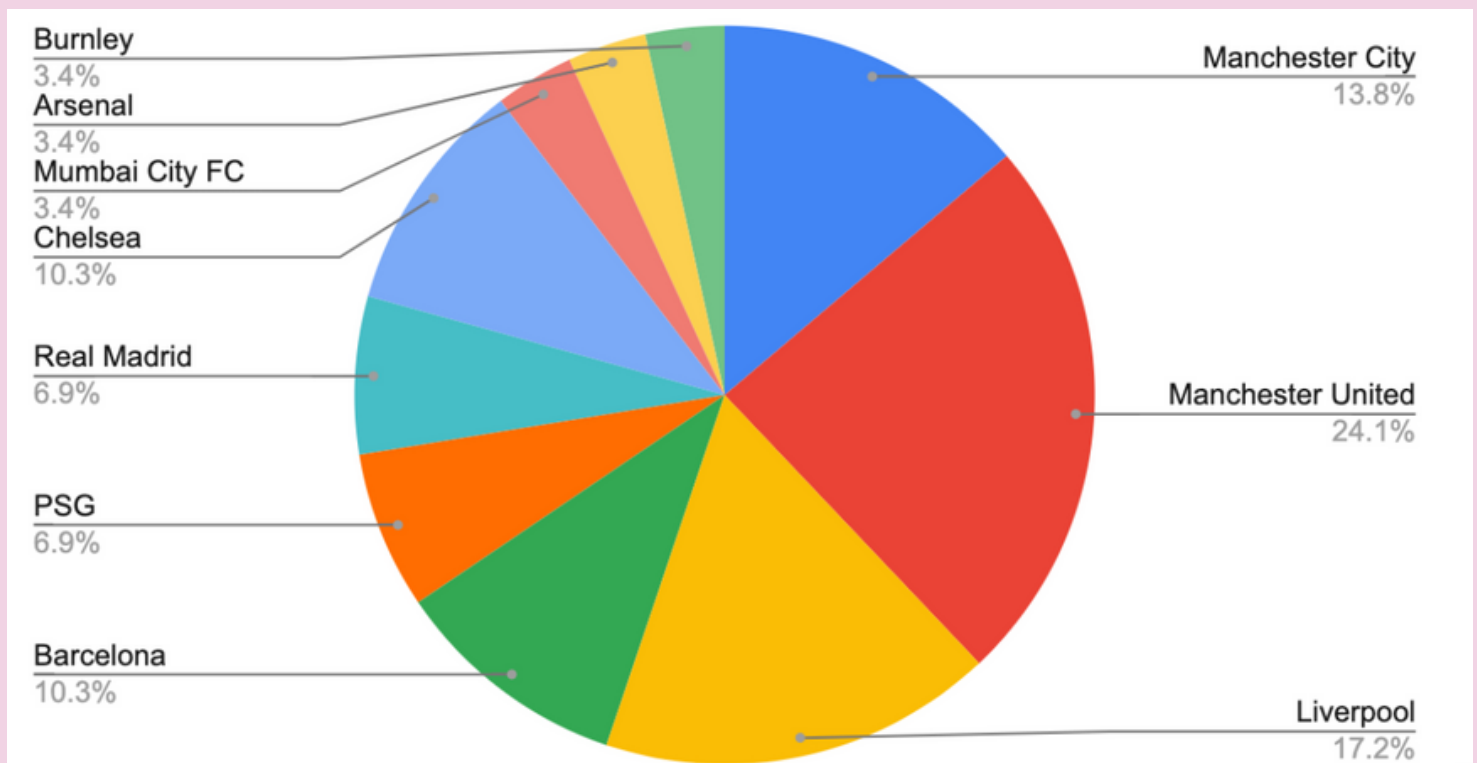
1: Ruturaj Gaikwad

Orange cap holder and IPL champion, this was most certainly Ruturaj Gaikwad's break out season. His performances were unmatched by anyone through-out the tournament, and he was one of the keys to Chennai's IPL success this year.



# Poll with DAIS Students

## Which football club do you support?



Fill this form and let us know which team you support...it will take less than a minute's time!

<https://forms.gle/GnDgWeZ2g6UCtMBw7>

# DAIS Leader Board

Highlighting student achievements  
over the past month...

Name: Evanka Shah

Grade: 11

Sport: Golf



I played two national tournaments recently. One took place at a prestigious golf course in Bangalore and the other one took place at Kalhaar Blues and Greens in Ahmedabad. The tournament was 3 days long- the first day had a cut where if you play 20 over+ you are automatically eliminated. The second day also had a cut where only the top 15 girls qualified for the next round. The winner was the player with the lowest total score after 3 days.

Name: Mainak Nistala

Grade: 11

Sport: Table Tennis

After a year of a lull with the pandemic, the 83rd Maharashtra State TT Championship 2021 was conducted at Dhule (30th September-3rd October) and Nashik(3rd-6th October). I won the Bronze Medal in the U-19 Boys category. I also qualified to represent Maharashtra in the UTT National Ranking Table Tennis Championships in the U-17, U-19 and Open/Mens category at Panchkula & Mohali, Haryana 18th to 28nd October, 2021.





Name: Sanika Daga

Grade: 9C

Sport: Sailing

I recently took part in Sailing Nationals. This tournament, the boat I sailed, which is called the Laser 4.7, was different from the boat that I had been sailing till now. It's 13 foot size was a lot bigger than the size of the 7 foot Optimist boat. The championship went quite well consider that this event was the first time that I ever sailed this boat. I competed among a fleet of 10 girls. With this championship, my understanding of the tactics and techniques used got immensely stronger.



Name: Krish Puthran

Grade: 7B

Sport: Go Karting

I have completed my 1st level of training from IndiKarting, Mumbai and I practice on my home track every day and go in for weekly physical practices. I got the opportunity to compete in the Pune Motorsport Competition where I competed with national level pro racers in the under 18 category. My best lap was 40.8 seconds on a 650 m track, and I qualified in the 4th place.

Krish's 5 Ps of  
SUCCESS:  
**P**repare,  
**P**ursue,  
**P**ursue,  
**P**ractice,  
**P**ost Mortem,



# **Interview with Shreevardhan Agrawal Grade 11**

**Which team do you support?**

Bournemouth

**Surprising choice considering most youngsters these days support Arsenal, Man utd, Chelsea etc. What made you make this choice?**

Never believed in being a glory hunter and also enjoyed the football Eddie Howe used to play. Also Callum Wilson was the best striker in the premier league

**Since how long have you been supporting them?  
What is your favourite memory?**

3 years. When the commentator said 'don't adjust your TV set' after Solanke scored a brace



**How have you been handling the fact that Bournemouth is not playing in the premier league?**

Praying for them to get promoted, which I hope will happen this season as their first at the time of speaking

**How important do you think loyalty is in today's world of football where the table and titles are changing so rapidly?**

Extremely otherwise the dynamic and fun of the game will be lost and the good teams will just keep getting better



**Bournemouth AFC**

# Interview with Ms. Loveena Figureiredo

## **What was your childhood like and why did you start playing basketball?**

My childhood was amongst a lot of people my dad is an international coach, referee and player. My mom played at the national level so we were always on the grounds because my dad was training and playing. We started to literally crawling on the basketball court and stood up with the basketball coach for the first time so it was just fun with lots of crowd around, lots of people around. There's lot of training happening, lots of learning happening, which motivated us to play. So my dad and mom never really forced us into the game or told us to do anything so it was just the liking and love for the game that we came into basketball. We were very curious to know as to how to play. We realized most of the skills on our own but then you need to get that formal training. So my dad was always there and we practiced with the mini team, junior team and the senior team.

## **What are the changes in the women's category now as compared to maybe when you were playing a couple of years back?**

At that time there was a lot of skilled involved more now there's a lot of power and it's just playing the game but at that time coaches is really spent time in developing the skills of the players and it showed during the game



JUMPIN: Savio's Loveena Figureiredo attempts an underhand layup



## What drove you to become a teacher?

So my sister played professionally and she used to play for the best team in India and I was supposed, but I said the I'll think about it. All my life I wanted to play professionally and I got into the team with my sister but then I said I'll take a break here my dad supported me and told me to see what I like do. I started training a lot of schools – top schools like Don Bosco and Scottish and I liked teaching and it was about giving back whatever I learned. I saw a lot of children grow although I was also a child at that time training kids and saw a lot of difference in the way I train them the way I learnt whatever I learnt from my dad I wanted to you share it with everyone

## What are some key lessons you have learnt after being in the sport for so long?

Sports etiquette is a very important thing in life for a sports person to respect for your coaches, your teammates, your juniors. Being a good leader is very important you can't just rule out someone who's not as good as you... one must encourage them and take them along with you.



Sonali D'Souza (centre) and Quintina Noronha (right) of Khalsa look up to see if Xavier's Loveena Figueiredo will score a basket during the final of the Indian Gymkhana on Tuesday. Xavier's won the women's inter-college title — Express Newsline photo

## St Xavier's champions

## Besides your parents and siblings, who are your other role models?

Michael Jordan is one of them. I just looked up to him I watched his games and how he handled the team he took the onus on him. Magic Johnson and Larry Bird are there as well. Larry Bird had a specialty of shooting 3 pointers; Magic Johnson made lovely passes he was a playmaker.

## Loveena shines in big win

By A Sports Reporter

MUMBAI: THIRTY two points by St Paul's ace cager Loveena Figueiredo facilitated their lopsided 61-11 win over Fatima 'B' in the girls under-16 semi-final of the Bombay Schools Sportys Association's Limca sponsored Inter-Schools Basketball Tournament at the Don Bosco High School court, at Matunga, on Tuesday.



# Unscramble the Names!

## **TVIART OHLIK**

HINT: CURRENT CAPTAIN OF THE INDIAN CRICKET TEAM

## **INASA ALWEHN**

HINT: SHE WAS THE FIRST INDIAN TO WIN AN OLYMPIC MEDAL IN BADMINTON, IN THE 2012 OLYMPICS

## **VP DHINUS**

HINT: SHE IS A PROFESSIONAL BADMINTON PLAYER THAT WON A SILVER AT THE 2016 OLYMPICS AND BRONZE AT THE TOKYO OLYMPICS FOR INDIA

## **LRAFEAL ADALN**

HINT: HE IS A TENNIS PLAYER, KNOWN AS THE CLAY COURT KING

## **REOGR DEREREF**

HINT: HE IS A TENNIS PLAYER AND HAS 8 WIMBLEDON TITLES

## **ESRENA MSAILLIW**

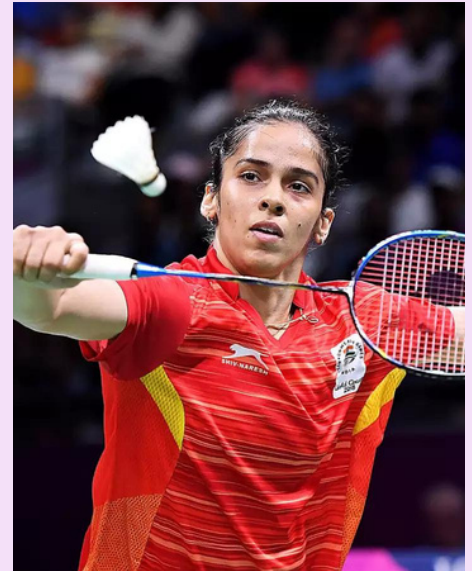
HINT: SHE IS A FEMALE TENNIS PLAYER WITH 23 GRAND SLAM TITLES- SERENA WILLIAMS

## **USLIN TRIHCHE**

HINT: HE IS THE CAPTAIN AND ALL TIME TOP SCORER FOR THE INDIAN NATIONAL TEAM

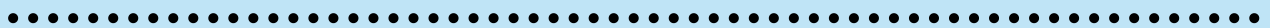
## **ONKAV JDKOVICO**

HINT: SERBIAN TENNIS PLAYER WITH 20 GRAND SLAM TITLES. CURRENTLY THE NO.1 TENNIS PLAYER



# Answers!

1. VIRAT KOHLI
2. SAINA NEHWAL
3. PV SINDHU
4. RAFAEL NADAL
5. ROGER FEDERER
6. SERENA WILLIAMS
7. SUNIL CHHETRI
8. NOVAK DJOKOVIC



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